

**Health Intake Form**

www.miamicolontherapy.com

Tel: 305.834.2032

Name \_\_\_\_\_ Date \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_  
 Telephone (circle preferred contact) \_\_\_\_\_ Home \_\_\_\_\_ Cell \_\_\_\_\_  
 Email \_\_\_\_\_ Referred By: \_\_\_\_\_  
 Height \_\_\_\_\_ Weight \_\_\_\_\_ Birthdate \_\_\_\_\_  
 Are you currently under a medical doctor's care? Yes/NO \_\_\_\_\_ Explain \_\_\_\_\_  
 Doctor's name \_\_\_\_\_ Telephone \_\_\_\_\_  
 List all surgeries/dates \_\_\_\_\_  
 List all medications (including over the counter) & supplements \_\_\_\_\_

The following conditions are **contraindications** for colon hydrotherapy unless under the supervision of a doctor. Have you ever been diagnosed with any of the following? If so, please explain in writing on the back of this form.

<input type="checkbox"/> Aneurysm/Blood clot	<input type="checkbox"/> Colitis	<input type="checkbox"/> Cardiac Disease	<input type="checkbox"/> Colorectal Cancer
<input type="checkbox"/> Cirrhosis of Liver	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Seizure Disorder	<input type="checkbox"/> Kidney disease/dialysis
<input type="checkbox"/> Bleeding Hemorrhoids	<input type="checkbox"/> Fissure	<input type="checkbox"/> Prostatitis	<input type="checkbox"/> Recent Abdominal Surgery i.e. gall bladder/appendix/prostate removal, C-Section, hysterectomy, etc.
<input type="checkbox"/> GI Hemorrhage	<input type="checkbox"/> Crohn's	<input type="checkbox"/> Diverticulitis	
<input type="checkbox"/> Abdominal Hernia	<input type="checkbox"/> Fistula	<input type="checkbox"/> Rectocele	
<input type="checkbox"/> Uncontrolled blood pressure	<b>ARE YOU PREGNANT?</b>		<b>If so, no colon hydrotherapy.</b>

Please put an "X" beside anything that is currently a health challenge. Put a "P" beside a past problem.

<input type="checkbox"/> acid reflux	<input type="checkbox"/> cancer	<input type="checkbox"/> infections
<input type="checkbox"/> acne	<input type="checkbox"/> celiac disease	<input type="checkbox"/> insomnia
<input type="checkbox"/> allergies	<input type="checkbox"/> constipation	<input type="checkbox"/> irritability
<input type="checkbox"/> anemia	<input type="checkbox"/> cysts/tumors	<input type="checkbox"/> menstrual difficulties
<input type="checkbox"/> anorexia/bulimia	<input type="checkbox"/> diabetes	<input type="checkbox"/> mental illness
<input type="checkbox"/> antibiotics	<input type="checkbox"/> diarrhea	<input type="checkbox"/> mood disorder
<input type="checkbox"/> arthritis	<input type="checkbox"/> dizziness	<input type="checkbox"/> multiple sensitivities
<input type="checkbox"/> asthma	<input type="checkbox"/> fatigue	<input type="checkbox"/> multiple sclerosis
<input type="checkbox"/> autism	<input type="checkbox"/> flatulence/gas	<input type="checkbox"/> neurological symptoms
<input type="checkbox"/> autoimmune issue	<input type="checkbox"/> headaches	<input type="checkbox"/> prostatitis
<input type="checkbox"/> backache upper/lower ?	<input type="checkbox"/> hemorrhoids	<input type="checkbox"/> sinus problems
<input type="checkbox"/> belching	<input type="checkbox"/> hepatitis TYPE?	<input type="checkbox"/> swollen glands
<input type="checkbox"/> birth control pills/ HRT	<input type="checkbox"/> herpes I or II ?	<input type="checkbox"/> ulcers
<input type="checkbox"/> brain fog	<input type="checkbox"/> hiatal hernia	<input type="checkbox"/> vision/hearing impaired
<input type="checkbox"/> breast implants WHEN?	<input type="checkbox"/> hair loss/growth	<input type="checkbox"/> water retention

How often do you have a bowel movement? \_\_\_\_\_ What time of day? \_\_\_\_\_  
 Are they spontaneous? \_\_\_\_\_ Only after eating? \_\_\_\_\_ Requires straining? \_\_\_\_\_ Effortless? \_\_\_\_\_  
 Do you have hemorrhoids or other rectal problems? \_\_\_\_\_  
 How often do you use a laxative? \_\_\_\_\_ Herbal laxative? \_\_\_\_\_ Stool softener? \_\_\_\_\_ Suppositories? \_\_\_\_\_  
 Enemas? \_\_\_\_\_ Have you ever had rectal bleeding? \_\_\_\_\_ If yes, when? \_\_\_\_\_

Mark "Y" for yes and "N" for no. If yes, list amount and frequency.

coffee _____	diet programs _____
tea _____	vegetarian/vegan _____
carbonated drinks _____	exercise (type and frequency) _____
alcohol _____	hours sleeping _____
tobacco _____	stress management (type) _____
sugar/salt cravings _____	dairy products _____
plain water intake per day _____	source of water _____

HOW MANY MERCURY FILLINGS DO YOU HAVE IN YOUR TEETH? \_\_\_\_\_ HOW MANY ROOT CANALS? \_\_\_\_\_  
 WHEN? \_\_\_\_\_

What do you hope to achieve from this appointment? \_\_\_\_\_

I acknowledge that Alicia J. Earles (License #MA78712) is FL licensed to perform massage/colonics. She is not a medical provider and does not diagnose nor prescribe. I am voluntarily requesting services.

**SIGNATURE** \_\_\_\_\_ Full charge without 48-hour notice to change an appointment. Thanks!